

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>LES MILLS BODYPUMP</p> <p>6:00AM - 6:45AM VOLT Health Club</p> <p>LES MILLS CORE</p> <p>7:00AM - 7:45AM VOLT Health Club</p> <p>LES MILLS BODYATTACK</p> <p>8:00AM - 8:45AM VOLT Health Club</p> <p>LES MILLS GRIT ATHLETIC</p> <p>9:00AM - 9:30AM VOLT Health Club</p> <p>LES MILLS barre</p> <p>10:00AM - 10:30AM VOLT Health Club</p> <p>LES MILLS SH'BAM</p> <p>11:00AM - 11:45AM VOLT Health Club</p> <p>LES MILLS GRIT CARDIO</p> <p>12:00PM - 12:30PM VOLT Health Club</p> <p>LES MILLS CORE</p> <p>1:00PM - 1:45PM VOLT Health Club</p> <p>LES MILLS BODYCOMBAT</p> <p>2:00PM - 2:45PM VOLT Health Club</p> <p>LES MILLS SH'BAM</p> <p>3:00PM - 3:45PM VOLT Health Club</p> <p>LES MILLS BODYPUMP</p> <p>4:00PM - 4:45PM VOLT Health Club</p> <p>LES MILLS CORE</p> <p>5:00PM - 5:45PM VOLT Health Club</p> <p>LES MILLS GRIT STRENGTH</p> <p>6:00PM - 6:30PM VOLT Health Club</p> <p>LES MILLS BODYATTACK</p> <p>7:00PM - 7:45PM VOLT Health Club</p> <p>LES MILLS BODYBALANCE</p> <p>8:00PM - 8:45PM VOLT Health Club</p> <p>LES MILLS barre</p> <p>9:00PM - 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